

Dear parents and carers,

As part of the compulsory KS1 and KS2 Personal, Social and Health and Economic (PSHE) curriculum, this half term we will be learning about Families and People Who Care (including respectful relationships). This is in line with the DFE guidance on Relationships and Sex and Health Education (RSE). In EYFS, children will be learning ways to stay safe and healthy.

Pupils will be taught about the benefits and importance of families and friends and what a healthy relationship looks like. They will understand the wide diversity of families and how it is important to be respectful of these. They will also learn about friendships and how to resolve conflicts. As always, pupils will be provided with the vocabulary and information to report any concerns they may have.

**Reception children will learn:**

- To explore the PANTS rule and how this keeps us safe.
- To talk about the lives of people around them and their roles in society.
- To understand the importance of brushing our teeth.
- To explore how screen time can affect our sleep and attainment in school.
- To explore the importance of the NHS.

Please note that the PANTS Rule covers privacy and personal safety at an age-appropriate level. In order to teach this effectively, we will be teaching the children the scientific names for their external genitalia. We will use the words vulva for girls and penis and testicles for boys. We are sure, as parents, you will agree that keeping children safe is paramount and, by partaking in these lessons, children will be equipped with the language they need to protect themselves and report anything that makes them feel upset or worried. It can feel tricky and embarrassing for some parents and other adults to use the correct terminology for private parts, however messages from research, as well as consistent reports from those that work in child psychology and child protection, have established that doing so reaps many positive benefits. Please note that we do not teach about sex or mention it at all. We also ensure we use child-friendly language at all times. Here are some key reasons why we, at Pontefract Academies Trust, feel it is vital for children to learn these anatomically correct words and take part in these lessons:

Please click here for more information: [Let's talk PANTS with Pantosaurus! | NSPCC](#)

**KS1 will learn:**

1. Families should provide us with love, care and security.
2. Families may look different to our own, but should all be treated with respect.
3. If a relationship is making us feel unhappy or uncomfortable, we should seek help or advice.

**LKS2 will learn:**

1. Families should provide us with love, care, stability and security.
2. Families may look different from our own, but we should respect these differences.
3. Good friends do not make others feel lonely or sad.
4. To be a good friend you should be truthful, listen to the other person and respect their views and opinions.

5. It is natural to have disagreements with friends, but these can be resolved.
6. If a relationship is making us feel unhappy or uncomfortable, we should seek help or advice.

**UKS2 will learn:**

1. Families should provide us with love, care, stability and security.
2. Forced marriage can be common in some cultures, but it is illegal.
3. To be a good friend you should be truthful, loyal, listen to the other person and respect their views and opinions.
4. If a relationship is making us feel unhappy or uncomfortable, we should seek help or advice.

Within our Insight Afternoon we will also learn about Diversity, Tolerance and Mutual Respect. We will recap our understanding of the British Values and how these impact our lives.

We know that a lot of what children learn comes from in the home so please take the time this half-term to discuss these topics with your child. As always, if we can support you further in any way, please speak to your child's class teacher.

Sincerely,

Miss Starkey – PSHE Lead