



Orchard Head J, I & N School

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30th April 2025

Dear Parents and Guardians,

I hope this letter finds you well. I am writing to inform you of an important meeting regarding the upcoming residential trip scheduled for the 9th of June. The meeting will take place on **Tuesday, 20th May at 5:00 PM** at the school. This will be an opportunity for parents to gain a better understanding of the day-to-day operations of the residential trip and ask any questions you may have.

To help you prepare for the trip, I have included the following documents with this letter:

- **Kit List:** A list of items your child will need to bring for the residential.
- **Gift Shop Prices:** Information on the prices of items available at the residential gift shop.
- **Medical Form:** A medical form that has also been sent home with your child. Please ensure this form is filled out and returned to school by **16th May**.

The meeting will cover key information about the trip, including accommodation, activities, safety measures, and other important details to ensure your child's experience is enjoyable and safe.

If you are unable to attend the meeting, please feel free to contact the school office for any questions or additional information. We look forward to seeing you there.

Thank you for your continued support.

Yours sincerely,

Mr. Bayliss, Miss Leyland-Brown

Residential Co-ordinators



Please ensure that all items are named.

## CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets
    - T-shirts
    - Long sleeved shirt/T-shirts
    - Waterproof jacket
    - Fleeces/jumpers
  - Trousers or leggings but not jeans as they get heavy and cold when wet
  - Underwear & socks
  - Swimming costume/trunks for water activities
  - 1 or 2 sets of clothes for the evening
  - Suitable nightwear
- Your arms will need to be covered to do some activities.*
- Your socks will need to cover your ankles to do some activities.*

## FOOTWEAR

- 2 pairs of trainers
  - 1 for activities
  - 1 old pair for watersports
- 1 pair of dry shoes for evening activities

## OTHER ITEMS

- 2 towels
  - 1 for showering
  - 1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Sleeping bag or duvet and pillow (unless otherwise advised)
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Hair ties for long hair
- Torch
- Pocket money £10-20 Recommended

## TRAVELLING IN THE...



### ...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen



### ...WINTER?

- Warm coat
- Hat and gloves

### Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

### Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

### What to wear

We have included some guidance on what to wear and what not to wear for the activities we are most often asked about. Please note, activities vary at each centre and final activity itineraries are planned by each centre.

#### Water-based activities

- ✓ Old trainers/water shoes
- ✓ Warm clothing
- ✓ Layers
- ✓ Old clothes
- ✓ Swimwear (for some water activities)
- ✗ Flip flops/crocs/sandals
- ✗ Wellies
- ✗ Jeans

#### Rope sessions

- ✓ Sturdy footwear
- ✓ Tops to cover the shoulders
- ✓ Shorts that cover the thighs
- ✓ Long trousers
- ✗ Flip flops/crocs/sandals
- ✗ Denim shorts

#### Muddy activities

- ✓ Old trainers
- ✓ Long trousers (waterproof if possible)
- ✓ Layers
- ✗ Flip flops/crocs/sandals
- ✗ Shorts

## PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables

#### ✗ Aerosols

If you bring your mobile phone, please note, it is not covered by our insurance.





# GIFT SHOP PRICE LIST



## TOYS

- Teddy Bears.....from **£5.00**
- Football.....£6.00
- Basketball.....£6.00
- Bouncy Ball.....£1.00



## STATIONERY

- Notebook & Pen.....**£3.50**
- Colouring Pencils.....**£2.50**
- Pencils.....£1.00
- Pen.....£1.00
- Rubbers.....from 40p



## ACCESSORIES

- Water Bottle.....**£4.50**
- PGL Medal.....£3.00
- LED Torch.....£3.00
- Badges.....from **£1.00**
- Wristbands.....£1.00
- Coaster.....£2.50



## CLOTHES

- Caps.....£5.50
- T-shirts.....£7.50

## GIFTS

*treat someone you love...*

- Keyrings.....**£3.00**
- Magnets.....from **£2.50**
- Mugs.....£4.50
- Postcards.....£0.50





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### Medical Information

The school or its agents will not be held liable for any injury or death arising directly or indirectly from or out of the administration of the prescribed medication by appointed staff members, other than through the school's negligence.

I understand that the decision to provide emergency medical treatment rests with the medical authority. I will provide information below to assist a medical practitioner in their decision to give emergency treatment.

Name of Child .....

Signed .....(parent/carer) Date.....

Print name .....

#### Emergency Contacts :-

Contact 1:

Name .....

Address .....

Telephone .....

Relationship to child .....

Contact 2:

Name .....

Address .....

Telephone .....

Relationship to child .....

Contact 3:

Name .....

Address .....

Telephone .....

Relationship to child .....

Family Doctor

.....

Doctor Address

.....

Telephone number

.....

Important information that needs to be given to a medical practitioner, prior to your child receiving emergency medical treatment:

.....  
.....  
.....  
.....

Does your child suffer from any condition that requires medical treatment?

YES/ NO

If Yes, please give details below, including medication (dosage and Frequency)

Has your child been in contact with anyone who has a contagious/infectious disease, or been ill with anything in the last four weeks that may be/become contagious or infectious? YES/NO

If YES, please give brief details:

Is your child allergic to any medication? YES/NO

If Yes

Has your child received a tetanus injection within the last 5 years? YES/NO

Please outline any dietary requirements that your child may have:

Do we have permission to administer liquid pain relief (i.e. Calpol) to your child, if required? YES/NO

*Any other key information that will ensure your child has a safe and enjoyable trip.*

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