



Orchard Head J, I & N School

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Thursday 4th October 2025

Dear parents and carers,

SWIMMING FOR CHILDREN IN YEAR 4

During the autumn & spring term, the children in Year 4 will be taking part in weekly swimming lessons. **Their first lesson will be on Tuesday 9th September 2025.** The swimming lessons will be held at Aspire @ The Park. They will be led by a swimming instructor together with support from school staff.

Children will need to bring a coat. In addition, the swimming instructors ask that girls wear **one piece bathing costumes** for lessons and that boys wear trunks **that do not extend beyond the knee**. If children have long hair, this needs to be tied back when swimming so please send your child with a hair bobble. If your child wears earrings, these need to be removed prior to swimming. We therefore ask that earrings are left at home, together with any watches or other valuables. This will ensure that these items cannot get lost.

The children will be asked to shower prior to and after swimming but no soap or shampoo should be taken to the pool. Children need do not need to take their normal school bag to the pool with them. They should only take their costume, towel, hairbrush in a bag. Please do make sure that all clothing is labelled with your child's name.

The children will be transported to and from Aspire by bus each week.

Swimming lessons will take place every **Tuesday morning**.

The bus will set off at 9:00am. Please make sure that your child is at school by 8:45am for registration at 8:50am as usual in their classroom as the bus will not wait if your child is late.

Lastly, if your child normally requires an inhaler, this should be taken to the pool. If there are any other considerations you feel need to be considered, please contact us.

Thank you for your ongoing support,

Miss Bucktrout & Miss Scholes

Y4 Teachers